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713.973.7625 | TexasRockGym.com

To learn more about becoming an expert contributor,

CONTACT BVM AT:

dgunther@bestversionmedia.com or 713.828.4604



#### **PUBLICATION TEAM**

Publisher: Dawn Gunther Content Coordinator: Lidia Herrera Designer: Glenn Chandler Contributing Photographer: David Postma/Genesis Photographers

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#### FEEDBACK/IDEAS/SUBMISSIONS

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 25th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to Iherrera@bestversionmedia.com.

JUNE 2019

#### **IMPORTANT PHONE NUMBERS**

Police Department713.465.8323
Fire Department
City Hall
Mayor Tom S. Ramsey713.805.3824
Library713.464.1633
Spring Branch ISD713.464.1511
Dad's Club Aquatic Center713.461.8577
Memorial High School713.365.5110
Cornerstone Academy713.365.5766
Spring Branch Middle School713.365.5500
Valley Oaks Elementary School 713.365.4080
The Bear Boulevard Schools713.365.4101

#### **CONTENT SUBMISSION DEADLINES**

CONTENT DUE:	EDITION DATE:
December 25	January
January 25	February
February 25	March
March 25	April
April 25	May
May 25	June
June 25	July
July 25	August
August 25	September
September 25	October
October 5	November
November 5	December

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business, won an award, took a trip or made a difference? These are the people we want in the "PINK SEAT!" Nominate someone in your community for the "Pink Seat" next month by emailing Iherrera@bestversionmedia.com



Summer is officially here and we are excited to share all the events happening in our community! Whether it's enjoying the sun outside or cooling off indoors, there are events for everyone on our calendar.

Since it's summer, it also means it's hurricane season. Make sure to be prepared this season and check out our hurricane preparation article.

We also have many great stories of organizations fundraising and networking in our community. Also make sure to read about our Spring Valley Dolphins Swim Team and get a membership this summer at Dad's Swim Club.

We also want to say Happy Father's Day to all the wonderful fathers in our community. Thank you for all you do!

We hope you enjoy the first month of summer and can't wait for all the fun articles we will be writing about throughout this season.

Dawn Gunther, publisher PINK SEAT Media LLC

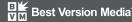


Dawn Gunther

P.S. Nominate your neighbor for our cover! Are they "Pink Seat" worthy? Send us your news!

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## Message From Our CHIEF OF POLICE By Chief Loyd Evans

s the Chief of Police for the City of Spring Valley Village, I would like to thank each member of the community for supporting the department and helping us in keeping our city safe. Our citizens are the eyes and ears of our community and our greatest asset in preventing crime. Time and again, we have seen the value of public vigilance in thwarting crime in our area.

I want to encourage everyone to call the department anytime you witness any suspicious activity or have any concerns about something in our area. If you are unsure, call us - a false alarm is always better than a crime that could have been prevented.

## REMEMBER, IF YOU SEE SOMETHING. SAY SOMETHING.

To report any suspicious activity, call (713) 465-8323 or dial 911 in cases of emergency.

The men and women of the Spring Valley Village Police Department are committed to providing the highest level of public safety, 24 hours a day, 7 days a week. It is our privilege to serve the citizens of our community.

Sincerely,

Chief Loyd Evans

## HURRICANE PREPARATIONS 101 By Lidia Herrera

t's finally summer which means it is hurricane season. Whether or not a hurricane passes through Houston we should always be prepared. Here are a couple of tips to consider in preparation for this season.

- Water 1 gallon of water per person per day for at least three days, for drinking and sanitation
- Food at least a three-day supply of nonperishable food
- Battery-powered or hand-crank radio and a NOAA weather radio with tone alert
- Flashlight
- · First aid kit
- Extra batteries
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- · Cellphone with chargers and a backup battery
- Download the recommended supplies list

## BASED ON INDIVIDUAL NEEDS, ALSO ADD THESE ITEMS:

- Prescription medications
- Nonprescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Glasses and contact lens solution
- Infant formula, bottles, diapers, wipes and diaper rash cream

- · Pet food and extra water for your pet
- · Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- · Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate and sturdy shoes
- Household chlorine bleach and medicine dropper to disinfect water
- Fire extinguisher
- Matches in a waterproof container
- · Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- · Paper and pencil
- Books, games, puzzles or other activities for children

## ALSO HAVE THESE ITEMS UPDATED AND CONSTANTLY STOCKED IN YOUR HOME:

- Keep canned food in a cool, dry place
- Store boxed food in tightly closed plastic or metal containers
- · Replace expired items as needed
- Re-think your needs every year and update your kit as your family's needs change.

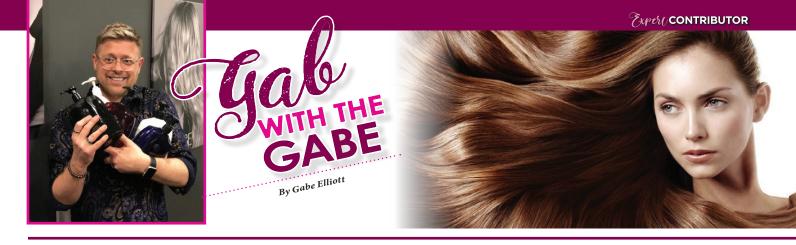
It is never too late to start preparing for hurricane season. So don't think twice about preparing ahead of time. Preparation can help keep your family safe during hurricane season.











## Q: WHAT'S THE BEST SHAMPOO FOR ME? TELL ME WHAT'S THE TEA?

Picking out your shampoo can be overwhelming with so many options. At our salon alone, we sell over 25 different shampoos to fit your needs. While it is amazing to have options to fit different needs I have put together some common questions and answers to help you find what is right for you. Shampoo and Conditioner sets the stage for your daily style; this step can make or break your daily hair style.

#### Q: WHAT IS THE BEST SHAMPOO FOR MOISTURE?

A: This is a loaded question and I need more information. Is your hair fine or thick, straight or curly? Is your hair naturally dry or is it chemically treated. Some of my favorite shampoos that deliver moisture are KMS Moist Repair Shampoo, Oribe's Gold Lust Shampoo, and Goldwell Dual Sense's Shampoo. For finer textures that still need moisture I love Oribe's Brilliance and Shine shampoo and conditioner. For hair that is dry due to chemical stress I prefer Oribe's Gold Lust Shampoo, conditioner and treatments.

## Q: I AM IN THE SUN A LOT AND IT SEEMS TO FADE MY HAIR, WHAT DO YOU RECOMMEND?

A. Oribe Beautiful color shampoo and conditioner has great UV protection, it protects against UVA and UVB rays. It is my favorite for those who are constantly in the sun.

## Q: WHAT IS THE DEAL WITH SULFATES? ARE THEY THAT BIG OF A DEAL AND DO I REALLY NEED TO AVOID THEM?

A: Certain sulfates can be very damaging and drying to your hair. They are basically a detergent. There are different grades of sulfates, some are gentler than others. For example some Oribe products use vegetable based sulfates that will not strip color or smoothing treatments from your hair. If you aren't sure if it is a strong sulfate or not, then it is best to just avoid it. Strong sulfates can irritate your scalp as well as remove essential oils that are necessary for the health of your hair.

## $\mathbf{Q} \\ : \mathbf{SULFATE} \\ \mathbf{FREE} \\ \mathbf{SHAMPOOS} \\ \mathbf{GIVE} \\ \mathbf{ME} \\ \mathbf{LESS} \\ \mathbf{SUDS}, \\ \mathbf{IS} \\ \mathbf{IT} \\ \mathbf{STILL} \\ \mathbf{CLEANING} \\ \mathbf{MY} \\ \mathbf{HAIR?} \\$

A: Yes it still cleans your hair but you do have to work the hair more than you are probably used to doing. First get the hair very wet, then apply a small amount of

shampoo, scrub; add more water, a bit more shampoo and by the second or third shampoo you should get a slight lather which is your clue the hair is clean.

#### Q: HOW OFTEN SHOULD I SHAMPOO?

A: 2 to 3 times a week is sufficient, although I have clients who go longer between shampoos. Shampooing too often strips essential oils from your hair. This can be a difficult transition for people used to shampooing daily. Your scalp is used to producing excess oil to compensate for being

shampooed daily; to remedy this during the transition I suggest rinsing with water but eventually you won't have to do this.

#### Q: I WORK OUT A LOT AND SWEAT A LOT WHAT DO I DO?

A: Cleansing conditioners are a relatively new thing on the market and are a great option for those who work out. I would recommend alternating between traditional shampoos and a cleansing conditioner for a gentler cleanse that will still remove that sweat and make you smell fresh and clean! Oribe's Cleansing Cream and Goldwell Kerasilk's Cleansing conditioner are two of my favorites, they both leave the hair silky and smell absolutely fabulous.

#### Q: ARE DRUGSTORE SHAMPOOS REALLY THAT BAD?

A: yes. Drugstore shampoos and conditioners use harsh sulfates, chemicals and coat the hair with parabens. The sulfates can strip your hair of color and moisture while the parabens can cause barriers to hair color or treatments. You will also find that you have to use much more of drugstore shampoo and conditioner to be impactful. Salon shampoo and conditioner has much higher quality ingredients, plus you can utilize the knowledge of an expert to help you pick out what is right for you. When buying from your stylist not only are you supporting local business you are supporting your stylists education.

## AT J DALL HAIR SALON WE WANT TO HELP YOU HAVE THE BEST HAIR POSSIBLE.

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HIT US UP AND LET'S MAKE HAIR MAGIC!



# THE Lufburrows:

# Involved and In Love with their Community

By Lidia Herrera

Photographs by David Postma/Genesis Photographers

Steve and Joan Lufburrow fell in love with Spring Valley Village 19 years ago and still enjoy the community they call home.



In 1976, Joan and Steve's paths crossed at a Sadie Hawkins Dance at Humble High School. Both juniors at the time, they were waiting for each other's dates to arrive instead ended up together.

"It was love at first sight," said Steve. "We dated through high school and college; we married each other a month after we graduated from college."

They were married on June 13, 1981 at St Luke's United Methodist Church in Houston. Steve's father, Bill Lufburrow was a Methodist pastor and he performed their wedding ceremony. Steve and Joan have two sons, Steve Jr. (35) and Will (32).

They both attended Southwestern University in Georgetown, Texas. Steve is a member of Pi Kappa Alpha Fraternity and Joan is a member of Zeta Tau Alpha Sorority. They were both highly active in each other's organizations as Joan was a PiKa Dreamgirl and Pike Little Sister while Steve was a ZTA Big Brother.

Joan studied to be a teacher and started her career as an elementary teacher at the Briarwood School. She also worked in the Cy-Fair District and eventually retired from teaching to take care of their sons. Later when their sons were older she returned to work as the Director of Welcoming Ministries at St. Luke's United Methodist Church and after 10 years she retired.

After graduating from Southwestern, Steve began his job as an Executive Intern with Goodwill Industries in Houston, eventually advancing to a Director level. Two years later he completed the Executive Development Program in Washington D.C. for Goodwill Industries International. In 1984, after graduating from the intense and highly sought after program, Steve became a Vice- President and took over as President & CEO in 1986.

Today, Steve continues to serve as President & CEO of Goodwill Houston and as Executive Director of the Goodwill Houston Foundation. He also serves on several boards locally as the BBB Board/ Executive committee and as a member of the Goodwill Industries International Board of Directors where he chairs the Public Policy Committee.

"Joan and I travel to different parts of the country for the Goodwill Delegate Assembly which is the annual meeting of the entire Goodwill International organization. That's not a vacation but we try to take an extra day or two to explore the city where the meeting is held," said Steve. "A few years ago, Joan and I went to Europe for our first of we hope, many trips in the future. We still have so much to see."

Steve was awarded many honors both during his career and by his University with a Citation of Merit: Honored by Goodwill Industries International as a King Fellow for the outstanding CEO in the country and presented with a Paul Harris Fellow from the Rotary Club of Houston.

They enjoy being active in their community and over the years have been part of many organizations.

Joan served as PTO Leader, Cub Scout Den Mother and is a member of the Junior League. Steve was a past president of the Rotary Club of Houston and he is the President Elect for the Whitehall Club.

They also enjoy their hobbies.

Joan has many hobbies but her top three are spending time with their grandchildren, playing weekly Mah Jongg games at Lakeside Country Club with her girl friends and an annual trip with her college sorority sisters to different places in the US. Steve's hobbies include playing drums/vocals in several Houston Bands over the years. Bands such as Twist & Shout (Motown & RR), Encounter Band (Worship) and his current band, Fourth Quarter which plays Motown, RR and standards. Steve is also an accomplished and serious cross country motorcyclist. He began riding when he was 15 and at age 18 he took up cross country riding with his dad and continues to this day. In March he returned from Bike Week in Daytona Beach Florida. He has ridden in every state except 3 states in the Continental US and also Canada.

Steve and Joan attend St. Luke's United Methodist Church and are founding members of their 1981 Sunday School class called the Genesis Class. Both Steve and Joan have been on the Walk to Emmaus. When the boys were little,

Steve with Joan's support coached soccer, baseball and basketball teams in Cy-Fair. Today, Steve and Joan enjoy following baseball, football and basketball with our great Houston teams and college football, especially the Southwestern Pirates, Ole Miss (where Steve Jr graduated) and Texas A&M (where Will graduated).

Their sons, Steve Jr. and Will, have their own families now. Steve Jr. and his wife, Sara Whiten Lufburrow, have three children; Leslie (10), Leighton (8) and Graham (4months). Will Lufburrow and his wife, Terrell Black Lufburrow have 2 children: Claira (4) and Beckett (2).

"When the kids were younger they played every sport. In High School at Houston Christian HS, Steve Jr played basketball his freshman year, and lettered in soccer and golf. Will attended Memorial High School where he lettered in football," said Steve. "Today our sons are proudly involved with their spouses as they support their kids in dance recitals, theater performances, mini musicals and plays, soccer games and there's more to come as they grow. As grandparents, we get to enjoy all those events too. Both of our sons have given pride to their parents by being Christian men who are loving husbands and fathers."

With their extended family, Steve and Joan enjoy many activities such as traveling.

"We take an annual beach trip to Sarasota, Florida," said Steve. "It's been a tradition [for] the two of us for over 17 years and several years ago our children and their children started joining us for a week each year at our 'perfect' beach."

Family is an important part of their lives and they love spending as much time with their loved ones.

"Our family is filled with love and we have lived by the word: be responsible and fair; be ethical in all you do and treat people with kindness as you would want them to treat you."

Their dogs have also an important part of their family.

"In our marriage we have had three Border Collies and plan to get one ( or something similar sometime in the near future). We currently have a King Charles Cavalier who is 11 years old. We have always had a cat too. Cooper is our cat and he is 11 years old."

Spring Valley Village is an amazing community and the Lufburrows love living here.

"We moved to this area in April of 2000. Before that we lived in Jersey Village. We moved because we wanted to be closer in and closer to work. At the time, we were taking Steve Jr to the old campus of Houston Christian

Do you know a neighbor who has a story to share?

NOMINATE THEM FOR NEXT MONTH'S



CONTACT US AT Iherrera@bestversionmedia.com

High School (the old Northwest Academy campus during his first 2 years of HS) and Will was attending First Baptist Academy."

For the Lufborrows there are many reasons why living in Spring Valley Village is great and they don't want to live anywhere else in Houston.

"We love our community and neighbors. A few years ago we thought about moving but didn't want to leave our community and neighbors," said Steve. "We appreciate the safety and security of our own police department and are thankful for the updated park by the new City Hall. We appreciate the sidewalks and love watching all of the new homes being built and remodels occurring in Spring Valley. Spring Valley provides a neighborhood atmosphere and is convenient when it comes to church, work, downtown, the theater, sports stadiums, restaurants, shopping and {is} now our kids' and grandkids' homes. Our street is filled with incredible neighbors and friends. It doesn't get much better than that; we love our community!"



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SUNDAY **TUESDAY** WEDNESDAY MONDAY

# GET LISTED!

Send an email to Iherrera@bestversionmedia.com to submit your calendar events.

- Prayer Gathering @ GraceCommunityChurch @8:40am
  - · Coffee & Donuts in the Foyer @ GraceCommunityChurch @8:45-9:10am
  - · Sunday School Children's Church @Grace Community Church@9-9:50am
  - Worship and the Word GraceKIDS! @Grace Community Church@10:10-11:11am
- · National Egg Day
  - World Bicycle Day
- Rebuilding Together Houston Mission Project

· National Iced Tea Day

• The Incredible Race

Vacation Bible School @

GraceCommunityChurch

National

Eat Your

Vegetables Day

- National Cheese Day National Hug Your Cat Day Rebuilding Together Houston Mission Project @ GraceCommunityChurch Coding for Teens: JavaScript Game Development @SBMBL @4pm
- World Environment Day Rebuilding Together Houston Mission Project @ GraceCommunitvChurch NASA & Bayou City Play @ SBMBL @3pm Adult Worship & Bible Study @Grace Community Church @7pm
- Dessert & Fellowship @Grace Community Church @8pm

The Incredible Race Vacation Bible

National Loving Day

School @GraceCommunityChurch

Teen Entrepreneur Workshop @

· Adult Worship & Bible Study @

Grace Community Church @7pm

• Dessert & Fellowship @Grace

Community Church @8pm

- National Donald Duck Day · Prayer Gathering @ GraceCommunityChurch @8:40am
  - · Coffee & Donuts in the Foyer @ GraceCommunityChurch @8:45-9:10am
    - Sunday School Children's Church @Grace Community Church@9-9:50am
  - Worship and the Word GraceKIDS! @Grace Community Church@10:10-11:11am
- Father's Day • Prayer Gathering @ GraceCommunityChurch @8:40am
  - · Coffee & Donuts in the Fover @ GraceCommunityChurch @8:45-9:10am
  - Sunday School Children's Church @Grace Community Church@9-9:50am
  - Worship and the Word GraceKIDS! @Grace Community Church@10:10-11:11am · National Hydration Day

• Prayer Gathering @

GraceCommunityChurch @8:40am

· Coffee & Donuts in the Foyer

@ GraceCommunityChurch

@8:45-9:10am

• Sunday School Children's

Church @Grace Community

Church@9-9:50am

· Worship and the Word

GraceKIDS! @Grace Community Church@10:10-11:11am

- - National Pralines Day
  - 24

  - Worship and the Word GraceKIDS! @Grace Community Church@10:10-11:11am

18

- · National Corn on the Cob Day
- The Incredible Race Vacation Bible  ${\tt School @GraceCommunityChurch}$
- Discover Dome: "Tales of a Time Traveler" @SBMBL @3:10pm
- · Discover Dome: "Stars of the Pharaohs" @SBMBL @3:45pm
- Planning & Zoning Commission Meeting @Council Chambers (CityHall) @7pm

• International Sushi Day

• Puzzle Wars

@SBMBL @4pm

• "Propagation and Seed

Saving" @SBMBL

@6:30pm

• Global Beatles Day

Benihana: The Art of Sushi @

SBMBL @3:30pm

• Regular Council Meeting @

Council Chambers (CityHall) @6pm

- - International Box Day National
  - Garfield the Cat Day • Adult Worship & Bible Study @Grace Community Church
  - @7pm • Dessert & Fellowship @Grace
  - Community Church @8pm
- National Chocolate 26 **Pudding Day** 
  - Adult Worship & Bible Study @ Grace Community Church @7pm
  - Dessert & Fellowship @Grace Community Church @8pm

#### 30 (SUNDAY)

- · World Social Media Day
- Prayer Gathering @ GraceCommunityChurch @8:40am
- Coffee & Donuts in the Foyer @ GraceCommunityChurch @8:45-9:10am
- Sunday School Children's Church @Grace Community Church@9-9:50am

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**THURSDAY FRIDAY SATURDAY** 

## **WANT TO SUBMIT A** BIRTHDAY SHOUTOUT

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- Global Day of Parents
  - SAT @MHS Campus @7am-2pm
  - Memorial City Coffee & Cars @Memorial City Mall West Parking Lot @8-10am

- National Yo-Yo Day
- · Rebuilding Together Houston Mission Project @  ${\sf GraceCommunityChurch}$
- Toddler Time @SBMBL @10:15am
- Preschool Story Time & Craft @SBMBL @11:15am
- Pokémon in the Park @SBMBL @4pm
- 13 National Sewing Machine Day
  - The Incredible Race Vacation Bible School @  ${\sf GraceCommunityChurch}$
  - Toddler Time @SBMBL @10:15am
  - · Preschool Story Time & Craft @SBMBL @11:15am

- - · Global Running Day
    - · National Chocolate Ice Cream Day
    - National Donut Day
  - · Rebuilding Together Houston Mission Project @ GraceCommunityChurch
  - Movie Night: Black Panther @ CityPark @7pm
- · National Best Friend's Day
- World Oceans Day

- - Army Birthday
    - The Incredible Race Vacation Bible School @  ${\sf GraceCommunityChurch}$
- Nature Photography Day

- 20
- National American Eagle Day
- Toddler Time @SBMBL @10:15am
- Preschool Story Time & Craft @SBMBL @11:15am
- Summer Solstice
- International Yoga Day
- National Selfie Day
- · National Smoothie Day
- World Day of Music Citizenship Tutor Training @ SBMBL @10am
- Board Game Nation @SBMBL @4pm
- National Onion Rings Day

- National Sunglasses Day
  - Toddler Time @SBMBL @10:15am
  - · Preschool Story Time & Craft @SBMBL @11:15am
- 28
- National Tapioca Day
- Prime-Time's Bus Trip to Cat Springs @ GraceCommunityChurch
- Camera Dav



- 29
- National



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## 10th Annual Community Immunity Luncheon Raises over \$160,000 and Reminds Houstonians that Vaccines Save Lives

By Lidia Herrera



The Immunization Partnership (TIP) hosted the 10th annual Community Immunity Spring Luncheon at the River Oaks Country Club. Diana Tully and Andrew Van Chau chaired the event, raising more than \$160,000 to support vaccine awareness programs that strive to keep us healthy.

Political analyst Mustafa Tameez emceed the event which featured a dynamic and moving speech from the Honorable Ed Emmett. Emmett addressed the measles outbreak and implored attendees to take action and ask legislators to pass immunization laws that will help stop the spread of diseases.



Susan Feigin Harris presented the Ralph D. Feigin, MD Award for Excellence to Kelsey-Seybold Clinic for its commitment to education, advocacy and research in preventing vaccine-preventable diseases. Michele Boettiger presented Peggy B. Smith, MA, PhD, with the John R. Boettiger, Jr. Award for Community Partnership for her generous and ongoing support of TIP.

Allison Winnike, J.D., President and CEO of The Immunization Part-

nership, shared a video of the organization's work, and graciously thanked honorees, chairs and board members for their continued support of the statewide nonprofit.

Among the 300 guests were Drs. Julie and Mark Boom, Whitney Walsh, Craig Cordola, Jacquelyn and Collin Cox, Dr. Lindy McGee, and Kimberly C. David.



## ABOUT THE IMMUNIZATION PARTNERSHIP

The Immunization Partnership is a 501(c)(3) non-profit organization that aims to create a community free from vaccine-preventable diseases by educating the community, advocating for evidence-based public policy, and supporting immunization best practices. For more information, visit www.immunizeUSA.org, www.facebook.com/immunizeusa/, and https://twitter.com/Immunize\_USA.

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## **APRIL 2019**

## 77055 REAL ESTATE MARKET STATISTICS

AVERAGE SALES PRICE: \$739,307

NUMBER OF SOLD — \$180,000 - \$750,000:

27

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NUMBER OF SALES:

41

AVERAGE DAYS To sale:

166

NUMBER OF SOLD — OVER \$750,000:

14

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UNE 2019

# Father's Day By Lidia Herrera

**HISTORY** 

There are two stories that celebrated the first Father's Day in the America.

One of them took place in Fairmont, West Virginia on July 5, 1908. Grace Golden Clayton suggested to the minister of the local Methodist church to hold a service to celebrate the fathers after a deadly mine explosion killing 361 men.

The second idea to celebrate fathers came from Sonora Smart Dodd of Spokane, Wash., while she sat in church for a Mother's Day sermon in 1909. She wanted to honor her father, William Jackson Smart, a Civil War veteran who as a single parent raised her as a newborn and his other five children when her mother passed away.

In 1910, she petitioned to her city to celebrate Father's Day on June 5th, her father's birthday. She spreads awareness to churches, the YMCA, shop-keepers and government officials to support her idea. It was successful but the mayor pushed back the celebration by two weeks to arrange festivities. The first Father's Day was celebrated on June 19th, 1910.

At the celebration, women handed out red roses to their fathers during church service. White roses were also handed out in memory of deceased fathers. Dodd and her family would deliver roses and gifts to home-bound fathers throughout her city.

Although Mother's Day was legally recognized first, it took a while for Father's Day to also be a legal holiday.

Father's Day gained more popularity in 1938 with a trade organization, the National Council for the Promotion of Father's Day, that was formed by men's clothing retailers in New York City.

President Lyndon Johnson was the first president honoring fathers in 1966 but it wasn't until 1972 when President Richard Nixon legally recognized Father's Day as a holiday.

Today Father's Day is celebrated on the third Sunday of June. This year's Father's Day will be celebrated on June 16.

#### FATHER'S DAY CELEBRATIONS AROUND THE WORLD

- March 14- Iran
- March 19- Bolivia, Honduras, Italy, Lichtenstein, Portugal, Spain
- May 8 South Korea
- First Sunday in June Lithuania
- · Second Sunday in June- Austria, Ecuador, Belgium
- Third Sunday in June Antigua, Bahamas, Bangladesh, Bulgaria, Canada, Chile, Columbia, Costa Rica, Cuba, Cyprus, Czech Republic, France, Greece, Guyana, Hong Kong, India, Ireland, Jamaica, Japan, Malaysia, Malta, Mauritius, Mexico, Netherlands, Pakistan, Panama, Paraguay, Peru, Philippines, Puerto Rico, Saint Vincent, Singapore, Slovakia, South Africa, Sri Lanka, Switzerland, Trinidad, Turkey, United Kingdom, Venezuela, Zimbabwe
- June 17– El Salvador, Guatemala
- June 23 Nicaragua, Poland, Uganda
- · Second Sunday in July- Uruguay
- Last Sunday in July- Dominican Republic
- · Second Sunday in August- Brazil
- August 8 Taiwan, China
- · August 24- Argentina
- · First Sunday in September- Australia, New Zealand
- New Moon of September- Nepal
- First Sunday in October- Luxembourg
- · Second Sunday in November-Estonia, Finland, Norway, Sweden
- December 5 Thailand





# THE BIG BRUNCH RAISES \$225,000 TO HELP FIGHT POVERTY

By Lidia Herrera | Photographer: CharlesDante Photography







CHILDREN AT RISK and Attack Poverty kicked off spring with The Big Brunch – A Bridge to the Future. Chaired by Tracy and Harry Faulkner, Joy Winkler Chapman, Theresa Hildreth, Fallon Huff, Carie Lawson, and Chef

Chair David Cordúa, guests were treated to the most stylish brunch party of the year, including an epic food throw-down, featuring the trendiest tastes in the city and the hottest chefs in H-town. KHOU-11 anchor Lisa Hernandez emceed the event.

Over 400 Houstonians came dressed to impress and complemented their outfits with hats for the annual hat



CHILDREN AT RISK President and CEO Dr. Bob and Ellen Sanborn, Buddy Steves

competition, all in support of the two organizations. Together, CHILDREN AT RISK and Attack Poverty strive to bridge the gaps for our children and ensure that all children in Houston and Texas have a bright future.

Upon arrival at the Ballroom at Bayou Place, guests enjoyed passed mimosas, bloody marys, and wine while perusing auction items, including 4 John Mayer concert suite tickets at the Toyota Center & Weekend Hotel Stay in Austin, Houston, Nashville, Seattle, or NYC; Fear the Beard private suite at a Houston Rockets home game for 15 guests with 4 parking passes; and Sun, Fun, and Fishing weekend stay in Port O'Connor for 4 couples with 2 meals per day, specially prepared by a chef at the Shoal Water Bay Club.

The Big Brunch concluded with a live auction, and the announcement of awards.

## **LEARNING TO SWIM FOR LIFE**

By Lidia Herrera



My World is: Swimming. My Element is: Water. My Strength is Streamline." This is Spring Valley Dolphins Swim Team Motto.

Many residents don't realize that there is a specific swim team at Dad's Swim Club for Spring Valley residents called Spring Valley Dolphins Swim Team.

This program includes different age groups with specific practices throughout the week. The swim teams age groups are 6 & Under, 7 & 8, 9 & 10, and 11 & Up.

In this program, the children learn many swim techniques & compete in relays.

The team is limited per the Bayou Swim League bylaws to 25 non-resident swimmers. Meaning if you live within the Spring Valley boundaries you can sign your children up for swim lessons at a lower membership price.

Families that live in the SVV boundaries pay \$150. Families outside of the SVV boundaries can also purchase a membership for \$200.

Both memberships include swim lessons during the week and also provides access to the pool during weekends in May and all of June.

This is a great opportunity for Spring Valley residents. The children not only improve their swim techniques but also create friendships and memories that last a lifetime.

So what are you waiting for? Go and sign your children up to be part of the Spring Valley Dolphins Swim Team!

FOR MORE INFORMATION, EMAIL EVA MUELLER AT EVA.MUELLER@DADSCLUB-SWIMTEAM.COM







## Spring Branch Memorial Board Certified Family Lawyer





#### Catherine "Cathy" Herrington Hale Attorney at Law

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The Herrington Law Firm, PC is a Houston based civil trial law practice specializing in family law, conveniently located in the Spring Branch Memorial area. For clients contemplating the dissolution of a marriage, custody modification or a pre/post marital agreement, we provide confidential consultations to answer questions and provide legal advice.

Our goal is to achieve a quick and respectful resolution of divorce and custody actions through negotiation and/or mediation for the protection of the children, preservation of the community estate and the privacy of

the parties. However, if disputes and disagreements are unavoidable, Cathy Hale has the courtroom experience you will need for contested hearings and trial. She will take an agressive, tough approah to handle all of your legal needs.

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## 2019 WOMEN DRIVING BUSINESS Event Series By Lidia Herrera









Ladies gathered at the home of Spring Valley resident Sarah Cain to jumpstart the 2019 Women Driving Business event series. The annual program targets professional women in west Houston who want to network, connect and promote business through a series of uniquely feminine events.

"The Houston West Chamber of Commerce started Women Driving Business because women truly network differently than men do," Cain, the executive chair and current Chamber board chair, explained. "Our series offers women ways to come together, really connect with each other and increase business opportunities for all involved."

The April event allowed guests to learn about the 2019 programming and meet the current line-up of sponsors including The Rose, Memorial Hermann and BMW of West Houston.

"Women Driving Business attracts organizations that are serious about growing business with women specifically," Megan F. Salch, event chair, said. "If working with leading women in west Houston is key to your organization's growth, Women Driving Business is the place to be."

"In its 15th year, Women Driving Business has evolved to offer even more substance and networking opportunities for its sponsors, said Jeannie Bollinger, president and CEO of the Chamber. The series will embrace the theme of "She Creates Change" throughout the year with several milestone events. The "Dare to Change" breakfast is scheduled for Friday, Sept. 13 from 7:30-9:30 am at Royal Oaks Country Club. Guests are sure to be motivated and energized by the keynote speaker Annella Metoyer, renowned author of Dare to be the Change. More than 100 attendees are expected.

Women Driving Business sponsors will also benefit from networking with female buyers and influencers at the "Live Powerfully Afternoon Forums" on Thursday, Nov. 7. Following an invigorating presenter, guests will choose up to three breakout sessions to attend. Each breakout features a panel of female experts, moderated by another leading woman. Breakout topics include managing money, marketing & technology, customer service, and health. The day concludes with a social and shopping extravaganza, just in time for the holidays. This event will be held at the Red Oak Ballroom at Norris Conference Centers – City Centre.

The "Oh What Fun!" Holiday Social on Thursday, Dec. 5 will close out the year at the new Anchor Executive Center at 20 Greenway Plaza. A festive event, this social also ignites new business connections for 2020.

Organizations with women in leading business roles are encouraged to sponsor the event series before the August 6 photo shoot. For details, please visit WomenDrivingBusiness.com or call the Houston West Chamber at 713-785-4922.







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\$449,000

Gated Community/ Spring Branch Location/ 'Lock and Leave'



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4 BEDROOMS / 3 BATHS / 2-1/2 BATHS
\$1,339,000

Spring Valley Village/Master Down/Pool!





Wanda Taylor BROKER/REALTOR wanda@taylorrealestate.com